



AMERICAN BENEFITS COUNCIL

August 2, 2018

LINKS TO RESOURCES FOR EMPLOYERS: COMBATING OPIOID ADDICTION

Midwest Business Group on Health Employer Toolkit: Addressing Pain Management & Opioid Use/Abuse

Provides recommendations on how to identify the costs and impact of pain among employee populations and how to address the key challenges through data collection, benefit design, worksite policies and working with your health plan, PBM, EAP and other vendor partners. To easily access recommendations from the Employer Guide, a toolkit has been created to support employer efforts

<https://www.mbg.org/resources/employertoolkits/painmanagement>

CDC Foundation Business Pulse: Opioid Overdose Epidemic

Describes what the Centers for Disease Control and Prevention (CDC) is doing to inform physicians and individuals about the risks and benefits of prescription opioids to protect workers' health and prevent opioid overdoses.

<https://www.cdcfoundation.org/businesspulse/opioid-overdose-epidemic>

National Safety Council Prescription Drug Employer Kit

Free resource that includes tools to examine and update your drug-free-workplace and employee benefit programs, such as fact sheets, handouts, safety talks and a poster series.

<https://www.nsc.org/work-safety/tools-resources/prescription-drug-kit>

National Safety Council Substance Use Cost Calculator for Employers

Authoritative, easy-to-use tool provides business leaders with specific information about the cost of substance use (including prescription drug abuse and misuse, alcohol abuse and misuse, opioid and heroin addiction as well as abuse of other illicit drugs and marijuana) in their workplace based on size of employee base, industry and state.

<https://www.nsc.org/forms/substance-use-employer-calculator>

CDC Rx Awareness Campaign

Tells the real stories of people whose lives have been affected by prescription opioids. The goal of the campaign is to increase awareness that prescription opioids can be addictive and dangerous. The campaign also strives to decrease the number of individuals who use opioids recreationally or overuse them.

<https://www.cdc.gov/rxawareness/index.html>

CDC Opioid Overdose Portal

Provides basic information about opioids and resources for abuse and overdose prevention.

<https://www.cdc.gov/drugoverdose/index.html>

Cigna *Help With Pain* Website

Offers information and tools for patients, providers and employers on how to manage pain while minimizing addiction risk

<https://www.cigna.com/helpwithpain/>